



*Proudly providing services for* **over 10 years in Texas**

WestCare Texas is dedicated to empowering everyone with whom we come into contact to engage in a process of healing, growth and change benefiting themselves, their families, coworkers and communities. As a behavioral health and human services non-profit committed to delivering high-quality and cost-effective services, our diverse team of experienced, credentialed staff provides the best care to everyone who enters our doors. With partnerships in mind, our organization's philosophy is Uplifting the Human Spirit through our continuum of care in the following service domains.

**Together, we believe there is an opportunity for all individuals to lead fuller, richer lives.**



### Substance Use Disorder Prevention & Education Mental Health & Wellness

**WestCare Texas engages in strategies to prevent substance misuse and addiction as the most cost-effective and humane approach to addressing behavioral health.** Through evidence-based approaches, coalition building, life skills training of youth, and policy advocacy to change community conditions, WestCare Texas reduces risk factors and increases protective factors that prevent underage drinking, use of illegal drugs, the misuse of legal drugs, and HIV prevention.

**WestCare Texas works with faith-based organizations to create mental health ministries and coaches to help people address anxiety, depression, grief, domestic violence, and other forms of trauma.** This results in individual and community capacity being built, people getting well, residents being empowered, trauma being reduced, and community change being sustained, which re-adjusts the trajectory of people's lives.



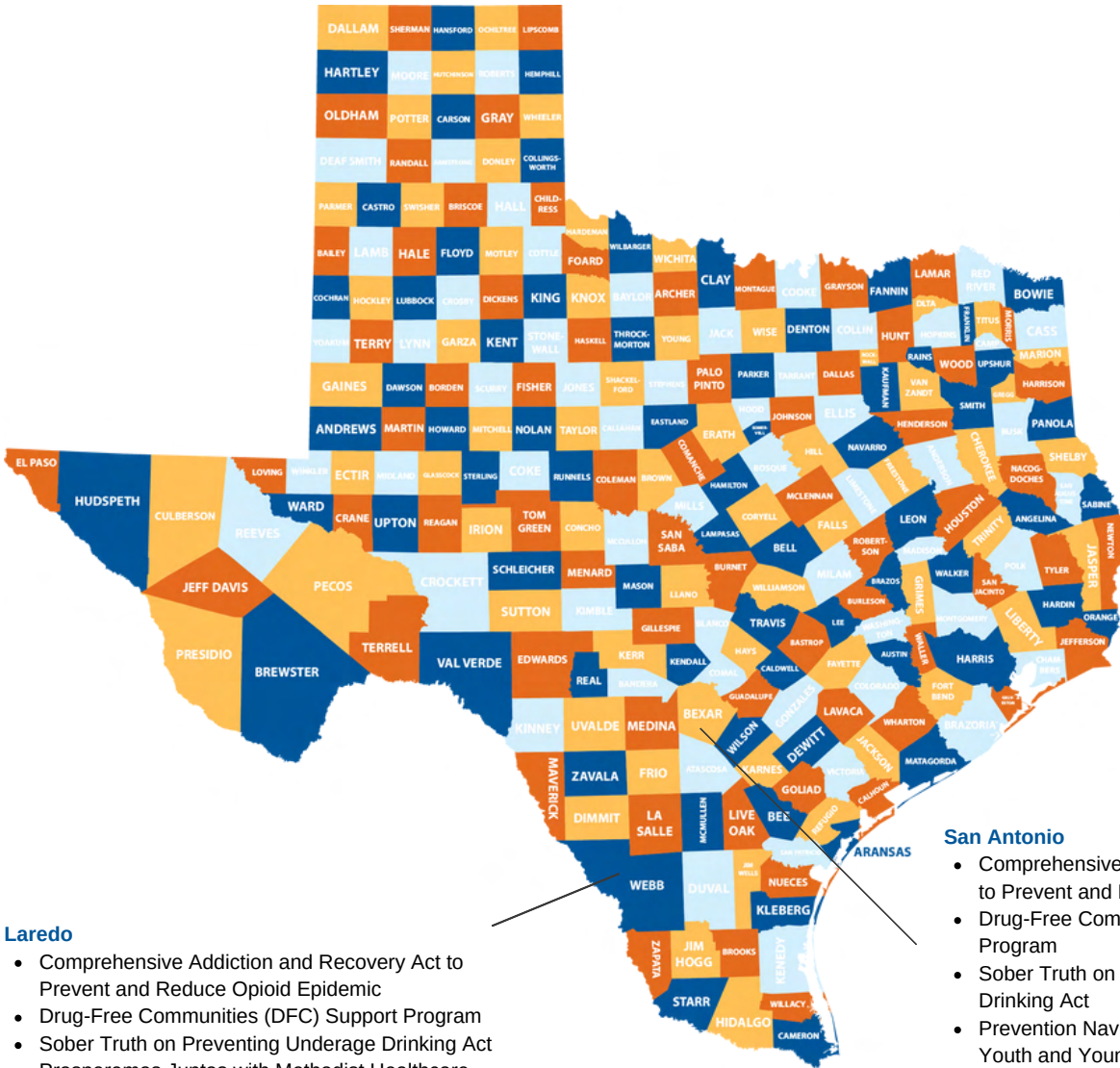
### Community-Based Crime Prevention Community Capacity and Coalition Building

**WestCare Texas works to build healthy, safe, economically viable, and resilient communities.** Communities cannot thrive if they are not safe. We partner with law enforcement, non-profits, health, and human services organizations, and economic development agencies to pinpoint and address risk factors that drive crime.

**WestCare Texas seeks to enrich, expand, enhance, and strengthen the services of others to meet the communities' needs through "value-added" capacity grants that address critical social determinants of health in disinvested communities.** These areas include Homeless Housing, Childcare and Child Development, Re-Entry Services, Monthly Community Resource Fairs, Workforce Development, Youth Development, Community Service-Learning, Recovery Support Services, Mental Health Awareness Training, and Vaccination Outreach.

- Comprehensive Addiction and Recovery Act to Prevent and Reduce Opioid Epidemic – Laredo/San Antonio
- Drug-Free Communities (DFC) Support Program – Laredo/San Antonio
- Sober Truth on Preventing Underage Drinking Act – Laredo/San Antonio
- Prevention Navigators Helping High-Risk Youth and Young Adults to Prevent Substance Misuse and Related HIV Transmission - San Antonio
- Bridges to Care Mental Health Awareness Training for Faith-Based Organizations – San Antonio
- Substance Abuse and Mental Health Services Administration Resiliency in Communities After Stress and Trauma (ReCAST) Program - San Antonio
- Innovations in Community-Based Crime Reduction Program (CBCR) - San Antonio
- Community Crime Prevention with San Antonio Police Department
- Strategic Prevention Framework - Partnerships for Success - San Antonio
- Office of Juvenile Justice and Delinquency Prevention by Mentoring Opioid Affected Youth Program – San Antonio
- Prosperemos Juntos with Methodist Healthcare Ministries to Capacity Build for Community Equity - Laredo





**Laredo**

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**San Antonio**

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