



Hope - Sometimes It Works

*Courtesy of WestCare North Carolina
By Kimberly Marino, Girls Program Administrator*

If you're anything like me (in my few meager years into treatment services), you often wonder whether you're making a difference. I know how I feel when a client hugs me, and tells me I changed his/her life, but I'm not naïve enough to ever think it was "me," nor do I always know, without a shadow of a doubt, it will last once the program ends. I just move on to the next phase, vow to be available, and I hope. I believe.



Kayla

At WestCare North Carolina's Girls Program campus, we do our best to instill values, positive regard, and the benefits of recovery in every client we treat. This past year, we had an interesting case involving two sisters. The oldest, we will call "J". The younger, **Kayla**. J was the first one to attend the

program. She was immediately against being here, and refused to admit she had a problem. She didn't buy into anything, and found every loophole possible to point out flaws in our methodology. I went home every night expecting the phone to ring. I knew she was going to test it all. To make a long story short, she's the only successful runaway we've ever had. One night, her little sister Kayla picked her up down the road.

Seven months later, I received a referral for young Kayla. Needless to say,

MARCH 2015

THE WESTCARE EXPRESS

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COVER STORY: *Hope - Sometimes It Works (Cont.)*

everyone was skeptical. **Rachel Richmond**, our clinical lead, and I decided to meet her in court to talk with her, and she had some very colorful words for us. She repeated her sister's name over and over. We saw her anger, but also her potential. We decided to take her. We set a bunch of stipulations: no phone calls with your sister who ran, no visits with J, and only Mom allowed on campus, etc. We thought she would have a better chance this way. Kayla, to our surprise, started accepting the program, and making changes.

She has been amazing! She's participated in groups, been honest, worked hard, and managed to get her family on board during



The bright path to health and sisterhood

family sessions. Most importantly, she has been a positive influence to the older sister that led her down a negative path only a year earlier. J now calls the facility, and tells us she wishes she had taken the opportunity to change when it was offered to her. She supports Kayla's positive efforts, and is hoping to improve herself.

Kayla earned a graduation date of March 4, 2015, and has taught the staff here at WC North Carolina a couple of lessons: Never judge a client until you get to know them, anyone is capable of change and recovery. And most importantly, change may not always look like we've seen it.

DID YOU KNOW?

The nation will commemorate **National Social Work Month** in March. This observance will aim to educate the public about how social workers and pioneer organizations have brought about major positive social changes, and improved the lives of individuals and families.

Information courtesy of the National Association of Social Workers.

WISCONSIN: *Digging In...and Digging Out*

By James Ferguson II

On February 2nd, Milwaukee Mayor **Tom Barrett** declared a snow emergency in the city of Milwaukee. WestCare **Face Forward Youth Action Council** members turned the emergency into a service project. Students shoveled snow free of charge at the homes of Milwaukee families who had special circumstances which prevented them from doing it themselves. One such family, the Halls, lost the patriarch of their family to a fierce battle with cancer a few months ago. **Marnita Hall**, widow of Rev. **Louis Hall**, returned home from work to a completely shoveled home.

Understandably, she was overwhelmed and overjoyed by the selfless, hard work by the *Face Forward* youths.



FAMILY PORTRAITS: *Auriea Mosley (Wisconsin)*

"Hi, my name is Auriea Mosley, I'm a Community Organizer for WestCare Wisconsin Harambee Community Involvement Center.

A community organizer is best described as someone who "works with a group of people or community-based organizations to address a common problem through collective action." What does that mean? The short answer is that I try to get people to work together to solve their own problems and change their neighborhood for the better.

One of my roles is to build public relationships; that is, relationships based on the general needs of civic and community life. The main tool for building such relationships is to hold face-to-face or one-on-one conversations. The purpose is to build relationships and trust, discover mutual interests, identify skills and talents, move people to get involved in community issues, and encourage people to commit only to things they can really do, and to know they are accountable for their actions.



Organizers listen to the residents who know the community; and we are responsible for sharing information that would improve the quality of life for the local residents. We proudly share information about the services we offer at WestCare Wisconsin. It helps a lot when we are attuned to the power relationships and political agendas surrounding an issue, and analyze the social, political and economic forces that affect the particular area we serve-- the Harambee neighborhood. Residents can ask for a town hall meeting in order to voice their concerns to elected officials and appointed representatives from local governmental agencies.

So far, we have organized and held community events such as a blood drive, neighborhood block party, food drive, book club brunch & discussion, family movie night, breast cancer awareness, serving site for free meals, just to name a few, for the citizens of Milwaukee in the Harambee neighborhood.

I'm proud to be a Community Organizer for WestCare Wisconsin!"

FAMILY PORTRAITS: *Lonna Heideman & Elizabeth Wek (S. Dakota)*

South Dakota - Minnehaha County Jail Detox Center, Sioux Falls

Lonna Heideman, Program Director

"I have worked at Minnehaha County Detox Center for 7 years. I started as a Detox Tech, then was the Lead Counselor, and now am the Director. A few of my responsibilities are training, supervision, and scheduling of all staff, assisting with program design, development, and implementation, and providing appropriate data for administrative needs. I have always worked in the Human Services Field and have found that detox has been my calling in order to serve and hopefully instill a sense of hope, independence, and empowerment, to the people I work with. My hobbies are: Kayaking, snowmobiling, jet skiing, reading, watching movies, being with my family, and training my dogs. I have been married for 26 years and have 4 children."



Lonna (left) and Beth (right)

Elizabeth "Beth" Wek, Lead Counselor

"I have worked at Minnehaha County Detox for two years. As the lead counselor, my job consists of being responsible for day-to-day assessment/program treatment of each patient, group therapy sessions, crisis intervention, clinical supervision of other counselors, documentation, and billing tracking."

I enjoy my job very much. It is a challenge at times to work with the population we do because of the struggles in their lives and the often resistance to change. However, my job is very rewarding because of being able to help individuals who may have only small steps of success in recovery and life alterations. I also feel that my job teaches me gratitude and humility. Personally I enjoy family time, reading, camping, swimming, and going to the gym to workout. I have two children and two future step-children ages 10,9,8, and 4 months. My fiancé and I are planning to be married in 2016."

WYOMING: Praise for Leadership in Behavioral Health Program

By Andrea Smith



While good teamwork creates a smooth voyage of pride and success, it is often one person who stands at the helm and skillfully guides the ship.

Here's a little of what his staff thinks: *"WestCare Wyoming would like to give a BIG thank you to Michael Seeley, our Program Director for the Sex Offender Treatment Program (SOTP) at the Wyoming Medium Correctional Institution (WMCI) in Torrington. Mr. Seeley is a huge asset to the SOTP. Because of his knowledge, leadership, diligence and loyalty the SOTP has grown into a solid TC. We are very grateful to have him on our team. Keep up the great work, we appreciate you!!!!"*

ILLINOIS: Priority One - The Client

By Paul C. Weitz - Counselor, Sheridan Correctional Center

The Sheridan WestCare staff had the benefit of attending break out groups facilitated by Ms. **Leslie Balonick**, Senior Vice President for WestCare. The groups focused on discussing methods to better empathize with client issues and discuss more effective ways to better help our clients. One group focused on the Orientation Hall, another group focused on the Treatment Hall and the last group focused on the Re-entry Hall. A common theme within the groups was the importance of continuing to *Uplift the Human Spirit!*



We then ended the day by all of the staff being given the opportunity to present ideas for the continued betterment of the Sheridan Project!



KUDOS! *Our Monthly Shout-Outs to Exceptional People*



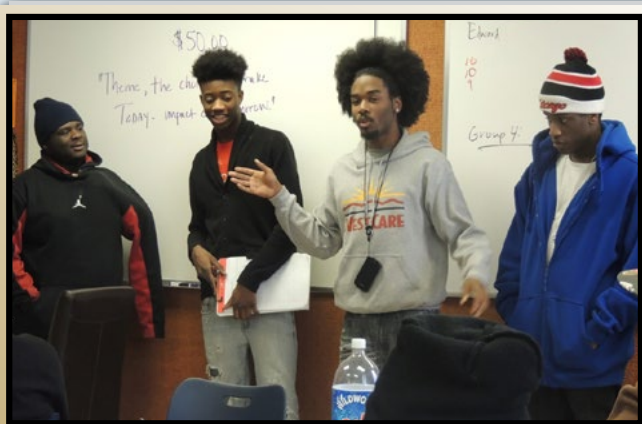
Community Members
WestCare Wisconsin

Wisconsin *Face Forward* students and other community members prepared bag lunches for over 300 residents of the **Milwaukee Rescue Mission** as a part of their monthly community service project initiative.

The Milwaukee Rescue Mission is Wisconsin's oldest and largest shelter, providing emergency shelter to over 40,000 adults, children and families each year.



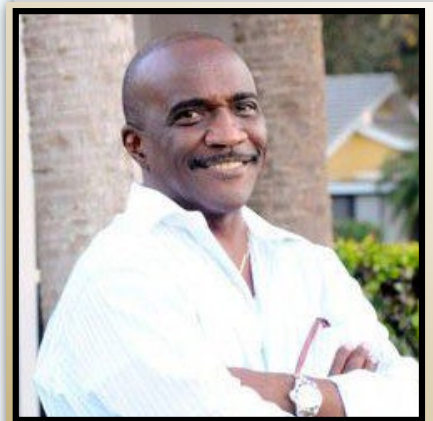
Face Forward Student
WestCare Wisconsin



Devonte Evans
WestCare Wisconsin

WestCare Wisconsin formed its first Youth Action Council and held an election for Executive Committee members. Congratulations to newly elected President **Devonte Evans**, pictured with the other new Executive Committee members giving their acceptance speeches!

Congratulations to **James Dates**, who has begun his duties as Area Director of Florida's Gulf Coast Operations. Mr. Dates has an extensive history in Pinellas County government, in an assortment of leadership roles. Welcome, Sir!



James Dates
WestCare Florida, Gulf Coast

KUDOS! *Our Monthly Shout-Outs to Exceptional People (Cont.)*



Kevin Collins

WestCare Florida, Key West

(From Kristin Roberts, Project Impact, O'Bryant Middle School-Key West)

"I just wanted to take a moment to mention how thankful I am to be able to work with Kevin Collins, Behavioral Health Therapist. We have created a great team and support for the boys and their families in the program. We meet a couple times a week to talk about how the students are doing and what social strategies/skills we need to be focusing on with each student. I look forward to building a solid support system and team with Kevin and other dedicated professionals."



William O. Warr

WestCare Wyoming

Congratulations to Mr. **William Warr**, the new Area Director for WestCare Wyoming. Mr. Warr, is a proud Tennessean, and is a consummate example of a "southern gentleman". For the last 29 years he has worked in Substance Abuse, Behavior Modification and Mental Health treatment programs, from house monitor to State Director for Tennessee. His body of work is widely praised and respected. Welcome, Mr. Warr!



David Crager

WestCare Wyoming

Another addition to the Wyoming team is **David Crager**, new ITU Program Director at the Wyoming Medium Correctional Institution (WMCI). Mr. Crager has a Master's in Health Science and Addiction and over 30 years of treatment and management experience in addiction treatment and mental health services. We welcome him to the WestCare team.

KUDOS! *Our Monthly Shout-Outs to Exceptional People (Cont.)*

The WestCare California **Health & Wellness Committee** held its latest blood drive in front of the MLK facility, with all donations going to the Central California Blood Center.

In total, 11 donors showed up to generously share the gift of life to help this great cause!



Blood Donors
WestCare California



Derrick Boazman
WestCare Foundation



Michael Langford
WestCare Georgia

Big props to two of WestCare Georgia's finest gentlemen, Regional VP **Michael Langford** and Foundation Board Treasurer **Derrick Boazman**.

They joined other adult mentors for the **Real Men Read** program at **Browns Mill Elementary School** in Lithonia, where they regaled some 175 youngsters with their stories and guidance. Great job, men.

THE GREEN CORNER: *Volume Five*

Submitted monthly by the WestCare Green Committee

Surprising GREEN FACTS you might find interesting:

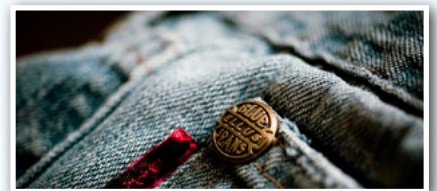
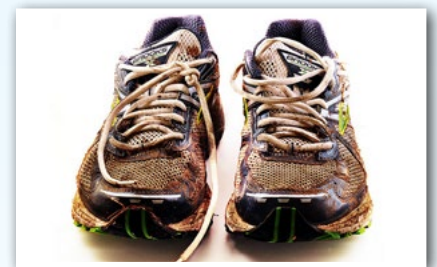
According to the American Solar Energy Society, the amount of sunlight that falls on the Earth's surface in one minute is sufficient to meet the world energy demand for an entire year!

If the entire population of the United States washed their clothes exclusively with cold water (instead of hot), we would save \$3 billion in energy costs annually and cut national CO2 emissions by over a full percent!



GREEN TIP OF THE MONTH: Recycle Your Gym Shoes, Blue Jeans, and Crayons

- *Nike's Reuse-A-Shoe* program takes old running shoes that would otherwise end up in a landfill and grinds them down to create a new material called Nike Grind, which is used to make high-quality sports surfaces including courts, turf fields, tracks and more. You can drop off athletic shoes of any brand for recycling at a Nike or Converse retail store.
- *Blue Jeans Go Green* is a denim recycling program that converts collected denim into housing insulation for communities in need. You can contribute your old jeans by mail, or at participating retailers. Blue Jeans Go Green™, Denim Recycling Program.
- *National Crayon Recycle Program* operated by Crazy Crayons, has diverted more than 47,000 pounds of crayons from landfills by taking old crayons and turning them into new crayons. Ship your unwanted crayons directly to Crazy Crayons or find a drop-off location in your area!



NEVADA: *An Example of the Social Importance of Business*

By Darlene Terrill, Director of Development

This month, I want to showcase one of our larger donors that has been supporting WestCare Nevada's programs the past 23 years. Ms. **Kelly Gaudet** from the North Las Vegas **Walmart** has tirelessly advocated through her store for grants, Christmas toys, household items, clothing, school supplies, shoes, and socks for our women, men and children. All her hard work has not gone unnoticed and this is our way to say *"Thank you Kelly and Walmart for all you have done and continue to do for us!"*



This month, WestCare was able to pick up a large pallet of clothing and other miscellaneous items that was divided up and sent to our *Community Triage Center*, our *Women & Children's Campus* for our youth emergency shelter, Veterans emergency housing, *Safe Haven* program for chronically homeless, and substance abuse program for women and women that are pregnant and parenting. Our *Harris Springs Ranch* men & boys substance abuse program on Mt. Charleston also benefited along with our *Community Involvement Center*.

Thank you, Walmart for continuing to support our clients' needs. It is greatly appreciated! This one donation was spread out all over WestCare's Southern Nevada programs and assisted many who are homeless.

CALIFORNIA: *Rhea's Anatomy - The Paper Chase... And Much More*

By Melissa A. Rhea, Ed.D., M.S., CDV

For most of us, it's difficult writing your own biography. And for those like me who are recovering alcoholics, it's often a struggle to talk about the positives and successes. But here is my story, in hopes that it will inspire those working in the field and further promote WestCare's vision of "*Uplifting the Human Spirit*".

Throughout my life, I struggled with dysfunctional family dynamics and intergenerational facets of addiction of many types, from my own personal affliction to family members to close friends to significant others. As part of my own recovery, building healthy relationships with others, especially myself, was a primary focus. This is something for which I handle "*one day at a time*." A quote that has rung true in my life and inspires me each day is, "*We all have two lives. The second one starts when we realize we only have one.*"

For the past twelve years, with a Bachelor's of Science degree in Psychology, graduate training in a Master's of Art Experimental Psychology program, a Master's of Science degree in Counseling at California State University, Fresno, my career has primarily been spent working in college/university settings assisting high-risk students. I have played college volleyball, and even spent time as a high school volleyball coach and substitute teacher. Thus, health and wellness are key aspects of my life and assists in maintaining my recovery.

Despite loving the college/university environment, I felt like I needed to give back to the addiction and treatment community that had been so welcoming to me (even though I may not have been welcoming to it at first). That led me to the position of Research Assistant for WestCare California's SAMHSA Pregnant and Postpartum Women's (PPW) program in May 2011.

Concurrently, while working as the PPW Research Assistant, I was working toward a Doctor of Education degree



Melissa with Maggi

CALIFORNIA: *Rhea's Anatomy - The Paper Chase... And Much More (Cont.)*



Taken during a WestCare Pacific Islands visit in Guam

in Leadership and Management with emphasis in Counseling Psychology from Alliant International University. I learned quickly that I wanted to meld my work experiences with my school experiences.

The path I had laid out for myself finally had a glimpse of a shining light when I was promoted to WestCare Foundation's Director of Evaluation & Quality – Western/Pacific Island Regions in September 2012. All thanks to Dr. **Frank Scafidi** and **Robert Neri**, both individuals who have been integral to my leadership development and growth within WestCare in the last several years.

Then, in December 2014, that glimpse became clearer when I finally completed my Doctor of Education degree! The final component was completing my dissertation, utilizing the last 15 years of WestCare California residential admission interview data and pregnant and parenting women, a population that holds a special place in my heart. My dissertation is entitled, "Factors Affecting Retention for Pregnant and Parenting Women in Residential Substance Abuse Treatment."

There were many key findings of my dissertation that are important for WestCare as it relates to predictors that affect length of stay and successful program completions. The study reinforced the best practices WestCare California already employs as well as findings already found in the literature and even new findings that countered the literature. All in all, my dissertation study hopefully will be valuable and serve as a key



CALIFORNIA: *Rhea's Anatomy - The Paper Chase... And Much More (Cont.)*

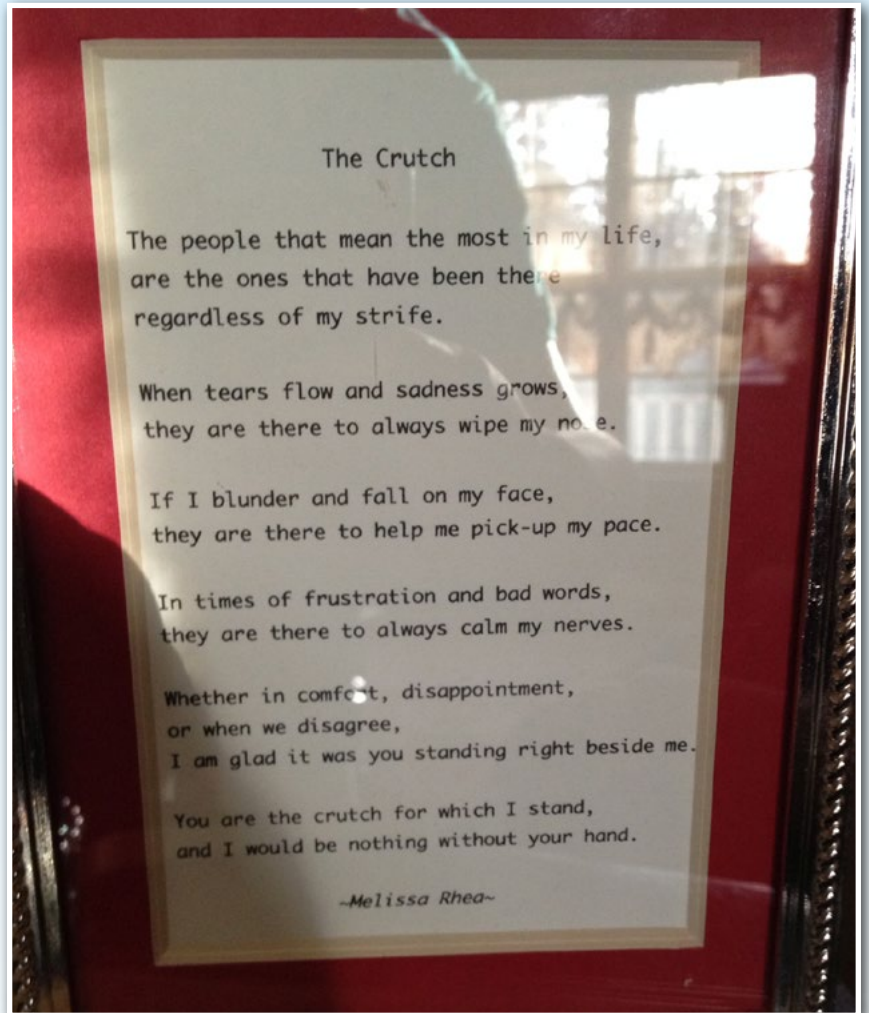
piece of written work that will further highlight the good WestCare does for all those involved, and its impact on the community, locally and globally. Thank you, WestCare California and Foundation for your gracious contributions and wealth of experiences.

I have learned that success is a process, not an end, and one can be intelligent and witty and bright, which takes you far along life's path. But to cross the finish line of being a successful leader in your personal and professional life, you must practice awareness, understanding, acceptance, admit faults, praise successes, and learn that sometimes falling backwards from a blindsided nasty right-hook can actually be really moving forward... if progress is made in learning from our mistakes.

In order to "uplift" others, you must first "uplift" yourself...

With all my best,
Dr. Melissa Rhea

NOTE: My full dissertation copy will soon be available for those who are interested.



A poem written to family

CALIFORNIA: *Point in Time Survey*

Submitted by Michael Mygind, Special Projects



Over the course of three days, about 700 homeless individuals were surveyed by our group of over 20 WestCare staff and client volunteers as part of the annual Point in Time survey. The surveys were conducted in various parts of Fresno and Madera counties.

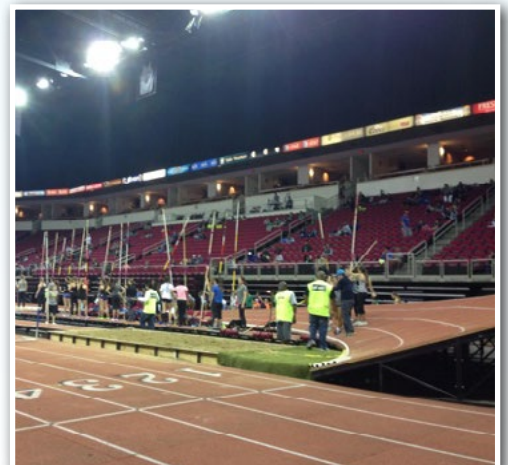
Amazing work, everyone!

CALIFORNIA: *Run for the Dream 2015*

By Rath Vann, RMSC Vocational Specialist

The spacious **Save Mart Center** in Fresno was taken over in mid-February by track and field athletes from throughout California. The athletes came from all over the state to compete in various track and field events, jumping to record distances, pole vaulting, sprinting, hurdling and tossing weights. More than 1,000 athletes competed, from professionals to elementary school tykes.

Over the two-day event, our guys met with Coach Bob Fraley before and after the event. WestCare had over 18 volunteers spending a total of four days before and after for set-up and tear down for the event. Great “give-back,” WestCare volunteers!



FLORIDA: *Project STYLE Goes to College*

By Pam Ungvary, Program Coordinator - The Village South

Project STYLE (*Strengthening Transitional Youths' Life Experiences*) had proposed hosting an exclusive event at Miami-Dade College-Wolfson campus, allowing students, faculty and staff the opportunity to learn more information about the program, as well as other prevention services available at The Village South.

On February 3rd, **The Village South Prevention Programs** (*Healthy Start, HIP, Miami Beach Coalition, Project IMPACT and Project STYLE*) joined together at **Project STYLE Day** to help spread the word about The Village South! Attendees were encouraged to visit information booths, take advantage of free HIV/STD testing and enjoy some delicious refreshments. Staff conducted mini presentations on substance abuse and HIV/STD prevention, and one MDC student shared an original poem about his addiction with prescription drugs. His heart-felt poem expressed how his addiction impacted his life, and at the end he urged any fellow students battling addiction to seek help.

We were very pleased that over 200 students attended and interacted with staff. Thank you to all The Village South prevention programs for making this event such a huge success!



FLORIDA: *Reaching our Youth, "The Keys" to Success*

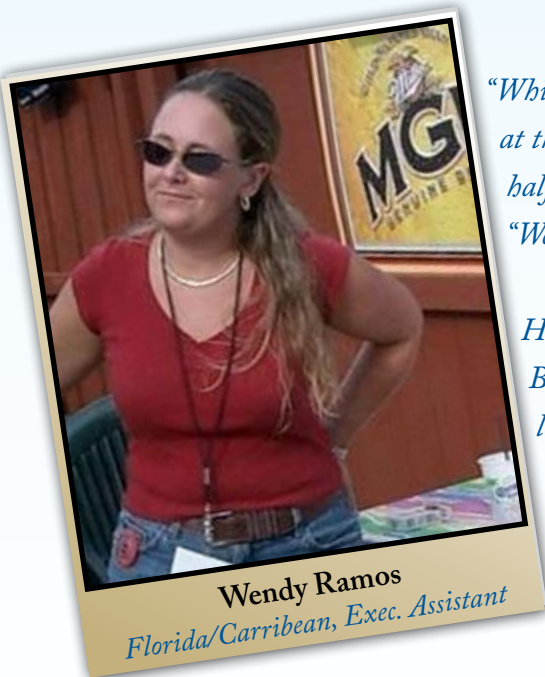
Submitted by Maureen Kempa, Regional Director - Clinical Operations

Tina Belotti, Prevention Counselor participated in Marathon High School Marijuana Awareness Day in conjunction with the Monroe County Coalition. It was very successful, reaching the whole school at both lunch periods. **Nancy Davila** from the Coalition played interactive games with prizes, doing a Q&A on marijuana, while teachers and administrators came in and offered support.



There is no doubt that **Project Success** is having an impact on the youth in the Florida Keys. Next month we are planning mental health awareness, and following the program suggestion by making a brick wall bulletin board and articles.

QUESTION CORNER: *"What Might Others Find Surprising About You?"*



"While living in the Florida Keys, in addition to working as Executive Assistant at the Guidance/Care Center, I was also a part-time DJ for about a year and a half at the local radio station WAVE FM. My segment was appropriately called "Wendy on the Weekends" :) Such a fun job!!!!"

Happy hour show on Friday nights from 5-7 on the water at Key Colony Beach and radio show on Saturday & Sunday from 12-3. If I ever win the lottery, that's the job I would like to do again!"

QUESTION CORNER: *"What Might Others Find Surprising About You?"*

"Before I changed my life, I was run out of six cities and one state by the police and the FBI. I used to think I was Ma Barker. Don't have pictures of me in those days, unless I could get a mug shot from one of the many jails I spent time in."



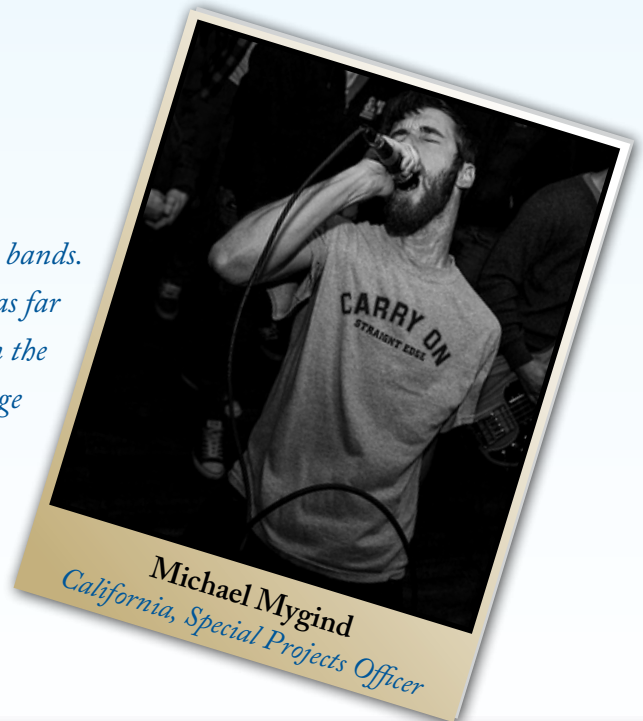
Gabriela McNiel
California, Dir. of Marketing/Procurement

"Most people don't know that I have an 883 Sportster (Harley) and I enjoy riding when the weather is good!"



Barbara Varner
California, Data Specialist

"Ever since high school, I have been playing in local hardcore punk bands. I have gone on various tours as far south as Tijuana, Mexico and as far north as Canada. I currently play bass guitar for one band and am the vocalist for another. Having lost the urge to use substances at the age of 17, playing fast and loud music in a room full of friends is the only high that I'll ever need."



Michael Mygind
California, Special Projects Officer

QUESTION CORNER: *"What Might Others Find Surprising About You?"*



Kathy Hayden
California, Clinical Director

"I was a radio announcer for KICY Radio in Nome, Alaska for several years (KICY: Voice of the Arctic)"



QUESTION CORNER: *April Question*

For the April Issue: **"What was the most recent random act of kindness you received or gave?"**

Please send your response and photo by March 20th, to john.wallace@westcare.com.

GEORGIA: *Hitting the Streets With V-CORE!*

By Safiyyah Mack, Outreach Specialist

WestCare Georgia has embarked on a new journey with women veterans. WestCare staff members **Safiyyah Mack** and **Yuniko Tonge** have named the new program **V-CORE (Veterans Community Opportunity and Resources for Empowerment)**. This exciting new program has been implemented to specifically assist veteran women in the Summerhill, Mechanicsville and Peoplestown communities in Atlanta, Georgia.

This outstanding concept focuses on improving the quality of life for female veterans and their families by removing barriers to stability, self-sufficiency, and successful community reintegration. This includes linkages to education, job training, vocational services, healthcare and supportive services in the community. WestCare is proud to be a part of such great initiatives in assisting the women that have served the Country.

(Pictured) Safiyyah met with Neighborhood Planning Unit Vice President of Peoplestown **Columbus Ward** to discuss the many opportunities and resources for veteran women in the community. It was a very successful and informative meeting and WestCare is honored to have been included.



KENTUCKY: *A Grateful Alumnus Shares His Thoughts*

By Mr. Robbie Murphy

(Editor's note: This posting, excerpted, was on a Facebook Message Board for WestCare Kentucky Emergency Shelter)

"I just went though looking at some of ya'll's pics and was reminded quickly of the role that shelter played in my life. In 2010 I had hit the lowest low in my life after moving back to Kentucky after being away for like twenty years. Just when

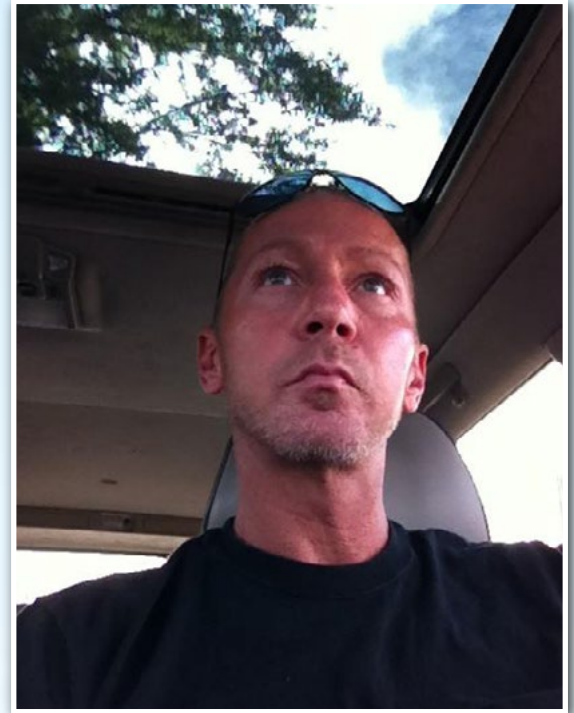


KENTUCKY: *A Grateful Alumnus Shares His Thoughts (Cont.)*

"I thought my life couldn't get any worse, it did. I had nowhere or no one to turn to in those days. The reason my life has changed so much in the past five years is because of the HUGE part WestCare Emergency Shelter played in my life. I left that shelter and went into treatment for drugs and alcohol, which can be a cause or a consequence of a 'hard-knock' life. Whichever...the two seem to often go hand in hand.

I'm now a staff member of a Faith-based treatment facility, Hebron Colony Ministries, the very one that I came to for help on my own. Not only do I have several drug and alcohol-free years under my belt, but I also came to know the Lord here! Seeing ya'll's post pop up on Facebook just brought it VERY clear to my mind how God used the people in that shelter, in some very dire times, to change my life.

Thank you all for what you are doing."



INFORMATION TECHNOLOGY: *The IT Corner*

By Sean Harrigan, Information Technology - Systems Administrator

The New WestCare Helpdesk

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We've been working hard to make changes to serve you better, and this one has been a long time coming. The new Helpdesk system is something we're all very excited about here in the IT department. The new system will allow us to serve you better by giving us better tracking of outstanding issues, common problems, and even adds a self-service aspect that can save you time and frustration.



**WestCare
Helpdesk**



INFORMATION TECHNOLOGY: *The IT Corner (Cont.)*

You will be able to interact with your requests, and with help desk staff, through a new interface that will show you all of the steps along the way to the resolution of your IT issues. You will be able to provide feedback and suggestions so that we can better serve you in the future.

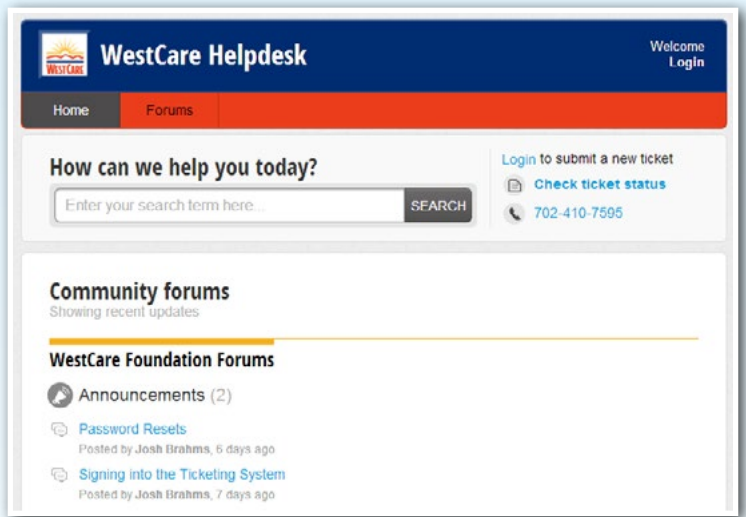
The New WestCare Helpdesk

You will find a link in the usual place on the employee intranet/portal, and we've also added a link to your desktop. You'll be able to log in to the new helpdesk using your WestCare email/computer logon credentials.

You can always access the helpdesk directly by going to <https://westcare.freshdesk.com> from your web browser, and even from your mobile device, on or off the WestCare network. Add it your favorites!

You can find instructions for logging in here:

- <https://westcare.freshdesk.com/support/discussions/topics/1000052660>



Self Service

Once you're logged in, you'll find several self-service articles that address common issues, and tips and tricks to help you work more effectively. Using the self-service feature will allow our help desk technicians to focus on issues that need their direct attention, and help you solve your problems in a timely manner. The self-service articles are complete with screen shots and step by step instructions that make it easy to follow along.

The Phone is Still On

Of course, you'll still be able to reach the WestCare help desk via email at helpdesk@westcare.com and by phone at **(702) 410-7595** if you aren't able to access the web interface.



WESTCARE CALENDAR OF EVENTS: *March 2015*

MARCH

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

March Monthly Observances

- Adopt a Rescued Guinea Pig Month
- Employee Spirit
- International Expect Success
- National Clean Up Your IRS Act
- National Frozen Food
- National On-Hold
- National Umbrella
- Optimism Month
- Sing With Your Child
- Social Work Month
- St. Patrick's Day (March 17th)
- Vernal Equinox/Spring (March 20th)

March 4 (9am-10am PST / 12am-1pm EST)

FL-G/CC - CAC Meeting

@ Guidance/Care-Center

3000 41st St., Marathon, FL 33050

March 8 - DAYLIGHT SAVINGS

March 10 (3pm-4:30pm PST / 6pm-7:30pm ET)

FL Gulf Coast - CAC Meeting

March 12 (10:30am-12:30pm PST / 1:30pm-3:30pm ET)

Eastern KY - CAC Meeting

@ Pikeville, KY

Notes: Bill Baird's Office

March 13 (1:30pm-2:30pm PST)

CA - CAC Meeting

@ Administrative Office

1505 N. Chestnut Avenue, Fresno, CA

March 17 (8am-9am PST / 11am-12pm ET)

Executive Teleconference Meeting

March 25 (6pm-7pm PST / 7pm-8pm AZT)

AZ - CAC Meeting

Bullhead City, AZ