

THE *Express*

OUR WESTCARE STORIES
FROM AROUND THE WORLD



Welcome from
Dick Steinberg

President

WestCare Family,

As an organization whose roots began nearly 50 years ago as a provider of treatment and rehabilitation services, it comes as no surprise that **National Recovery Month**, observed every September, is an incredibly important month for our global family of programs. This month serves as a time to recognize the unique struggles that individuals and their loved ones face at the hands of addiction, thank those who have chosen to serve the men, women, and families who have made the choice to reclaim their lives, and simply celebrate recovery and a life that is free from substance abuse and most of all – addiction.

While many of our operations have held their own special observances to commemorate this important month in years past, this particular September marked the first time that we as an organization have come together to participate in a campaign to celebrate this special month through our stories, our words, and our common goal of breaking the stigma surrounding the notion that sometimes admitting that we have a problem is the first step to a whole new life. Throughout this issue, you will see various heartfelt sentiments and pictures from across the entire WestCare family of programs.

Additionally, our teams have attended a wide variety of Recovery Month celebrations that includes but is not limited to:

- *Recovery in the Park in Bullhead City, AZ*
- *2nd Annual Pasco County Recovery Walk in New Port Richey, FL*
- *CP4R SoberStock XVII in Fresno, CA*
- *1st Annual Rock Your Recovery Banquet in Barnesville, GA*
- *Recovery in Douglass Park in Chicago, IL*
- *Pine Fest in Dandridge, TN*
- *Recovery Week Celebration in Caguas, Puerto Rico*

As shown by this list, addiction does not discriminate based on who you are or where you live. It has touched many of us and whether we know it or not, it may have even affected our friends and loved ones in some way. To all who are reading this who are themselves in recovery, thank you for holding on and to those that have just recently begun this arduous but rewarding journey, it won't be easy, but as long as you're willing to accept it – there are countless others that have walked this same path who know what you are going through and are willing to help. You just need to find the strength to ask.

Stay safe and stay well,

Dick Steinberg



Arizona Provides Support Through the Storm

By Emily Selby, Behavioral Health Technician

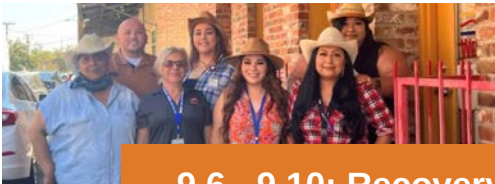
Mohave County experienced a major storm leaving many without electricity for hours and even days. Because so many lost perishable food, **WestCare Arizona** partnered with **St. Mary's Food Bank**, **Food for Families**, and **Bullhead City** handing out food and water to over 400 families. We spent the day ensuring families had food and water and cleaning up afterwards. In addition, our team served a spaghetti dinner free of charge for those that have been without electricity for several days. Food was provided by St. Mary's Food Bank. We had so much fun and are so grateful for our partners who were willing to help the community during a time of emergency.



WestCare Arizona



@westcareaz



9.6 - 9.10: Recovery Week in Kings County!

By Andrea Calderon, Marketing Specialist

WestCare Adolescent Services and **SAMHSA Family TREE** staff participated in the **2022 Recovery Week** organized by **Champions Recovery Alternative Programs** in Kings County in commemoration of **National Recovery Month**. The teams participated in dress up days from Tuesday, Sept. 6 through Friday, Sept. 9 and culminated on Saturday, Sept. 10 with **Recovery Fest** at Lacey Park in Hanford. The themes were the following: "Lei Off Drugs" on Tuesday, "Give Drugs the Boot" on Wednesday, "Keep your Mind and Body Feeling Rad" on Thursday, and "Wear Purple" on Friday.

At Recovery Fest, the teams were able to educate attendees on the dangers of drinking and driving by utilizing Fatal Vision Impairment Goggles that simulate different levels of intoxication. Participants were instructed to ride a tricycle around cones to experience the dangers of driving under the influence. Thank you, Adolescent Services and SAMHSA Family TREE for educating our youth and community on the dangers of driving impaired and encouraging recovery!

WestCare's Adolescent Services and SAMHSA Youth and Family TREE programs are certified by the State Department of Health Care Services: westcare.link/cadhcs

For information on our licensure/certification status, please visit the above link, click "CSV" and search for "WestCare"



WestCare California



@WestCareCA



@westcarecalifornia

RECOVERY IS FOR *everyone*

EVERY PERSON, EVERY FAMILY, EVERY COMMUNITY



Recovery Role Model

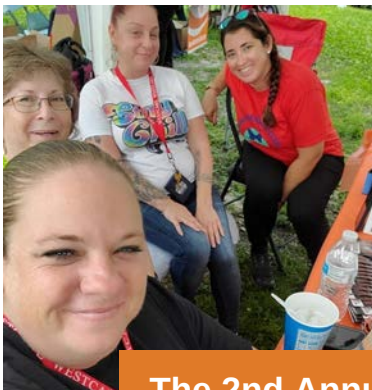


By Victoria Osuna, Executive Director

On Wednesday, August 31, **Guara Bi** had the honor of convening with the **National Drug Council** with the purpose that one of our participants, Mr. José S., shared his recovery testimony and journey with **Guara Bi Dominican Republic**. The meeting was attended by General Jaime Martínez, President of the National Drug Council, and the renowned Dominican singer, Mr. **Fernandito Villalona**, along with other community partners. In commemoration of Recovery Month, José is another great example of what is possible when we and our community partners work together to will our communities away from substance abuse.



Guara Bi



The 2nd Annual Stronger Together Recovery Walk

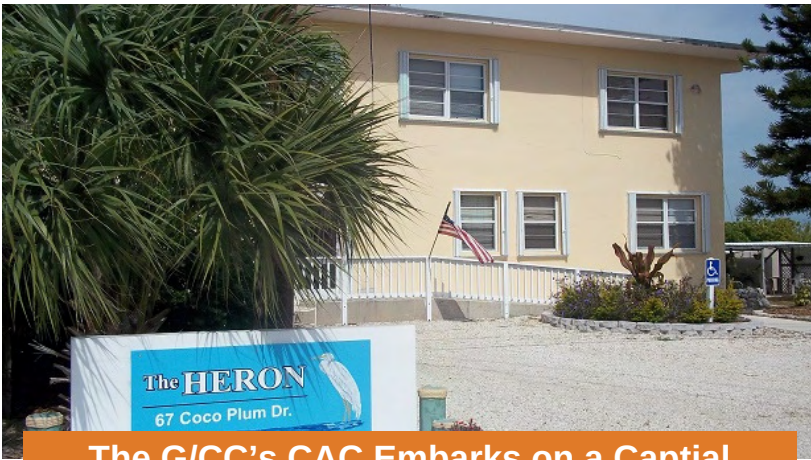
By Misty Engel, MAT Coordinator

Our **WestCare Gulf Coast, Outpatient, Medicated Assisted Treatment (MAT), and Camp Mariposa** staff participated in the **2nd Stronger Together Recovery Walk** in New Port Richey on Friday, Sept. 9. This event was hosted by the local recovery gurus, The Hope Shot. Dena Lynch, Tara Gardin, Christina Fish, Kendra Abraham, Janelle Dickson, and I attended the event.

We distributed Narcan to the community, information packets for services offered by WestCare, and provided many with insight on the positive harm reduction that MAT can provide to those who are suffering from an opioid use disorder. This was a great opportunity to network with our community partners and speak about the many services provided by our WestCare family. This was an amazing event that had speakers and community partners come together to celebrate recovery. We are all grateful for the experience and looking forward to next year's Recovery Walk!



WestCare GulfCoast - Florida



The G/CC's CAC Embarks on a Capital Campaign in Support of The Heron

By Maryanne "Maj" Johnson, Executive Assistant

Approaching its 34th year, **The Heron** is a state licensed assisted living facility in the Florida Keys that offers permanent housing and supportive services to Monroe County adults with chronic and persistent mental illness in a comfortable homelike setting. **The Guidance/Care Center (G/CC)** is in the process of redesigning and rebuilding this facility due to size limitations and safety code requirements.

Senior Vice President and Chief Development Officer for WestCare Foundation, Scott Faulkenberry, came down to meet with our **Community Action Council (CAC)** members individually and held an informative fundraising workshop as we embark on this \$6 million capital campaign. Scott highlighted the need for campaign volunteers as well as how to research and approach donors. All members agreed on the importance of such a critical program to our community as it is the only one of its kind serving the entire Florida Keys.

Here is a success story from one of our grateful residents:

"I woke up in jail not knowing how I got there. I'm bipolar and I was having a manic episode. Prior to jail, I was living in my red Pontiac Sunfire, a 'rubber tramp' as those that sleep in vehicles are often called. After jail, I was permitted to move into The Heron. Thank God! In school, I earned straight A's, I was captain of the No. 1 ranked University of Iowa Hawkeyes basketball team, and the Olympic festival team; and then it hit me on my 25th birthday. I stayed in bed until 4:30 p.m. - my first episode of depression. I'm now 56 and have suffered for 30 years with treatment-resistant, severe clinical suicidal depression and mania. At The Heron, I was finally prescribed the correct combination of medication. Hallelujah! This was an answer to many prayers especially from my parents, who have been married for 62 years, and my six siblings. I am no longer depressed or manic. The staff at The Heron work diligently to help me. They are incredible, professional, caring, and kind. The staff here cook all of our meals, book doctor's appointments, refill our prescriptions, and take us on fun outings - amongst other things. I absolutely love living at The Heron. I went from homeless to The Heron and feel so blessed."

The G/CC is proud of their Heron staff and is thrilled that their residents are happy. If you know of anyone that would like to volunteer or donate to this capital campaign, please do not hesitate to call 305-434-7660 Ext. 31232.



Community Foundation Fund Created by Miki and Billy Davis Grants \$10,000 for Suicide Prevention

Turning a personal tragedy into an opportunity to help others, a long-time Keys family has worked with the Community Foundation of the Florida Keys to make its first grant from the Aaron Davis Broadway Suicide Prevention Fund.

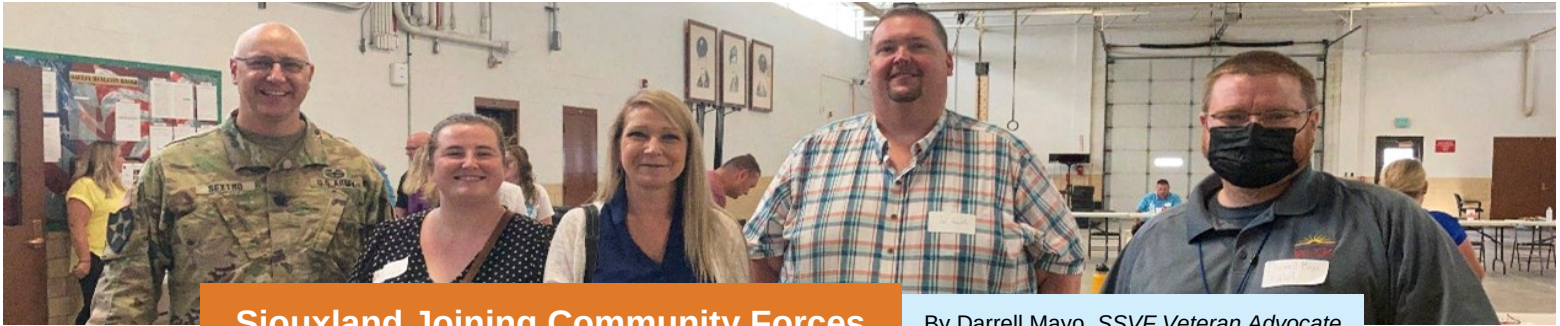
"The Guidance/Care Center is honored to receive a \$10,000 gift from the Aaron Davis Broadway Suicide Prevention Fund, which will enhance our programming to prevent suicide and suicide attempts. The Guidance/Care Center is a proud provider of these services, and we are so grateful for this opportunity to save lives in our community as one more life lost is one too many," said Guidance/Care Center's Regional Vice President Maureen Dunleavy.

Billy Davis and Miki Yaras-Davis created the fund last year after their grandson died by suicide. Their wish is to make a difference and aid others, raise awareness for the alarming number of suicides that occur each year, and honor their grandson Aaron's memory. During his life, Aaron often spent time in the Keys visiting his grandparents and volunteering with his grandfather, Billy Davis, who Aaron called "Big Guy." They would assist numerous local nonprofits and serve others. According to Billy, "Many people knew Aaron and he was part of the fabric of this community."

The Davis' are hopeful that others who have gone through this tragic experience will donate to the fund so it can provide ongoing support to local nonprofits for suicide prevention programs and training and benefit those at risk, especially young people, in Monroe County. "Helping others is the best way to honor Aaron," Billy said.



Guidance/Care Center by WestCare



Siouxland Joining Community Forces

By Darrell Mayo, SSVF Veteran Advocate

Every year, the Sioux City community in Iowa holds an outreach program called **Siouxland Joining Community Forces** that connects local service providers to the appropriate local resources. By sharing local resources, we can provide better, faster assistance to service members, military families, and Veterans when they need it. WestCare's staff in Sioux City are proud to be a part of this initiative to spread the word about the **Supportive Service for Veteran Families (SSVF)** grant that we can provide to better serve our unhoused Siouxland Veterans.

The event was held at the **Sioux City Air National Guard Base** for the **Iowa Air National Guard's 185th Air Refueling Wing**. The event is coordinated by the Soldier and Family Readiness Specialists in Sioux City and the Officer in Command of the Army National Guard's 1-113th CAV Unit, Lieutenant Colonel Robin Labios. The event is also supervised by the Director of Soldier and Family Services, Lieutenant Colonel Ryan Sextro.

The **Family Alliance for Veterans of America (FAVA)** staff were invited to give a presentation about our program, services, and events to a group of approximately 150 attendees including political figures and stakeholders. Staff were able to learn more about the other partner organizations and the Iowa National Guard. For future reference, the staff will be provided with a spreadsheet of those in attendance along with their contact information to continue collaborating.


Some of the services in attendance at the event included employment, education, Veteran housing, mental health services, Veterans Affairs services, substance abuse services, and a representative for hospice. Some non-Veteran services in attendance were the Sioux City police, the local Boys and Girls Clubs, and the Center for Siouxland, which provides various services for financial counseling and support for those that qualify. The event was also attended by the staff of Iowa's sitting U.S. Senators, Chuck Grassley and Joni Ernst, who ensure that our Veteran and service members are being heard at the federal level.

Our Sioux City WestCare staff have attended the event twice and will continue to attend to support our Veteran, service member, and military families to ensure they know that our program is there to help them and their family if they ever need our services.

Siouxland Joining Community Forces focuses the efforts of local providers with a common goal: to strengthen the local military community.

Photo: (Left to Right) LTC Ryan Sextro - Director of Soldier and Family Services, U.S. Army; Veronica Faber Credit/Housing Counselor; Center for Siouxland, Sue May; Veteran Career Planner - IowaWorks, Chad Hauswirth - Career Counselor, Home Base Iowa; Darrell Mayo, Veteran Advocate - WestCare-Iowa FAVA



 FAVA (Family Alliance for Veterans of America)



WestCare Illinois Staff Show Support for Gynecologic Cancer Awareness

By Alexander Venable, LPC, CADC, Area Program Director

WestCare staff at the **Logan Correctional Center** dressed in purple for **National Gynecologic Cancer Awareness Month**, which takes place every September. To spread awareness for various gynecologic cancers including cervical, ovarian, endometrial/uterine, vaginal, and vulvar, WestCare staff and the education crew from the therapeutic community presented informational groups to their clients on symptoms and ways to reduce risk. Additionally, clients were able to create purple ribbons to decorate and spread awareness. Informational posters were also hung throughout the dayroom to provide more information to clients and various staff.



 WestCare Illinois



WestCare Kentucky Flood Response

By Gary Compton, *Director of Contract Compliance*

From July 25 through July 30, Eastern Kentucky received approximately 16 inches of rainfall. This historic amount of precipitation came at the worst time during the late evening and early morning hours when most residents were asleep in their homes.

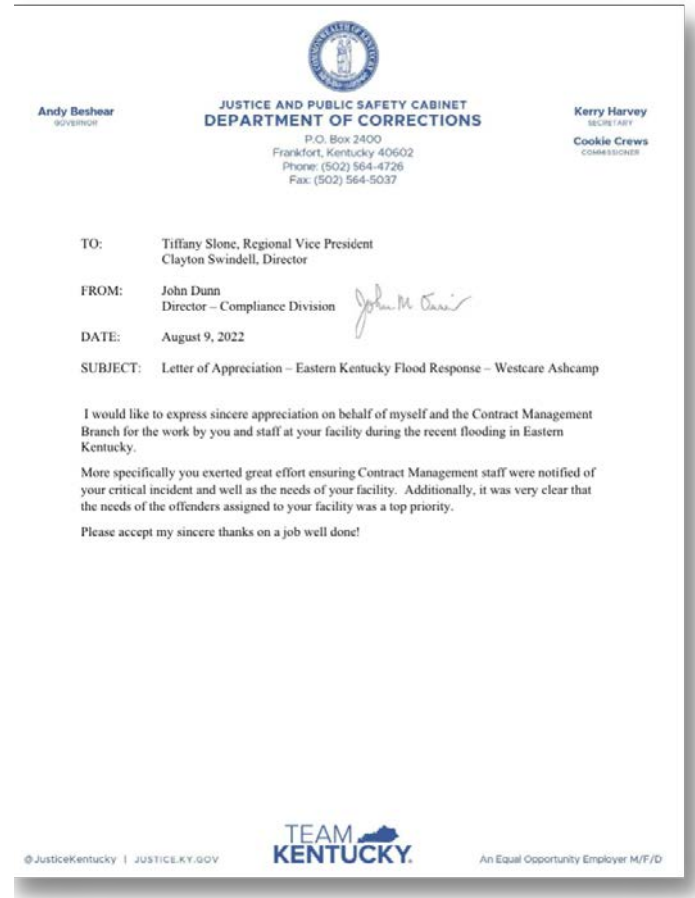
The rainfall quickly flooded creeks and rivers, rising into homes. Travel was almost impossible due to flooded roads and bridges that were swept away. Thousands were stranded and could only watch as their homes and possessions were lost to the rising waters. Some residents remained stranded for days. Others were rescued by emergency personnel and law enforcement. Forty Kentuckians lost their lives to the ravaging flood waters. Area businesses and schools were forced to shut down.

Kentucky's governor declared a state of emergency to allow help from the federal government and the National Guard. It would be days and in some cases weeks before roadways could be reopened. Many residents could only be reached by helicopter or boat. The loss of property reached millions of dollars.

WestCare Kentucky's Ashcamp facility is located in the heart of the flood zone. Housed in this WestCare facility were 75 Kentucky Department of Corrections clients along with staff. On July 28, the morning of the initial flooding, WestCare staff members, Tiffany Slone, Steven Wright, Clayton Swindall, Doug Ramey, William Pugh, and Danny Stiltner evacuated the residents and moved them to a safe location. WestCare staff relocated the residents to a local church and arranged for meals and safe shelter.

The following day, with many roads still impassable, WestCare staff members, Tiffany Slone, Clayton Swindall, Tony Adkins, Shaun Doan, Matt Gross, William Pugh, Steven Wright, Doug Ramey, Danny Stiltner, Elsie Tiller, James Mullins, Dalton Anderson, and myself traveled to the facility to assess damage and began the clean-up process. Staff removed water, debris, and damaged flooring from the facility and began to restore essential services to the building. Thanks to the efforts of WestCare staff, the facility was cleaned, inspected, and approved for the return of residents within a day.

In response, the **Kentucky Department of Corrections** issued a letter of appreciation for the rapid actions taken to ensure the safety of the residents. On behalf of our team and those that we serve, thank you to all of our WestCare heroes for your assistance in keeping our clients and facility safe!





Beast Feast 2022: Las Vegas Alumni Group Re-Establishes Enrichment Efforts for Current Clients

By Leo Magrdichian, *Vice President of Operations*

The **WestCare Nevada** Alumni Handbook states that, “the basis behind the Alumni is to give all of WestCare’s graduates an opportunity to stay connected through a support group of individuals with a common goal - recovery.” In addition, it continues by identifying that, “one of the keys to recovery is the willingness to be of service to those individuals who are seeking recovery and give back what was freely given to us. We accomplish this goal by hosting several events a year at WestCare Nevada’s facilities, allowing all graduates the opportunity to share their experience, strength, and hope with the residents and show them that we can maintain our sobriety and have fun in recovery.”

Well, that certainly became a challenge over the past couple of years as the COVID-19 pandemic kept outside visitors, including our alumni, from entering our residential facilities. This month, however, a modified version of one of the typical events took place and it was nothing short of a success. This year’s “Beast Feast,” which included less alumni attendees and which required a negative COVID test the day of the event, went off without a hitch at both **Harris Springs Ranch** and the **Women and Children’s Campus** the following day. BBQ (*steak and ribs*), side dishes, outside games, and an outdoor meeting is how the day’s events went, and it was evident that this was a long-time-coming based on the overall reaction by both clients and alumni.

When we consider the benefit of positive social interaction, undoubtedly one of the most important aspects is improved mental health. Meeting and greeting also promotes a sense of safety, belonging, and security. There is also evidence that being social can help you live longer, so let’s definitely hope and pray that events such as this will continue in the future and that both our alumni and the clients receiving treatment will continue to reap the benefits.



WestCare Nevada



@westcarenevada



@westcarenevada



Rooted in Compassion, Growing Together

By Kathleen Aguon, Program Manager

In the CHamoru culture, the spirit of “*geftao*” or generosity is the value that promotes selflessness. **WestCare Pacific Islands (WPI)** has interwoven this practice in everything that we do, ensuring those we meet do not leave empty-handed. This month, we were invited by the **Northern Mariana Islands’ (NMI) Division of Youth Services (DYS)** to help enhance their team’s capacity. The two-day workshop series took place at PIC hotel in Saipan, NMI on Sept. 8 - 9.

Facilitated by WPI’s Senior Vice President, Aja Ramos and **Ma’lak Na Ha’ani** Clinical Program Director, Beverlyn Coleman, the workshop aimed to increase the knowledge and skills in trauma-informed approaches for those working with at-risk youth. Additionally, Aja and Beverlyn provided strategies to prevent compassion fatigue and burnout amongst youth service providers. Participants and the **DYS** leadership expressed gratitude for providing the workshops in-person and appreciated the facilitators’ personal understanding and integration of the unique cultural nuances in the Pacific Island community.

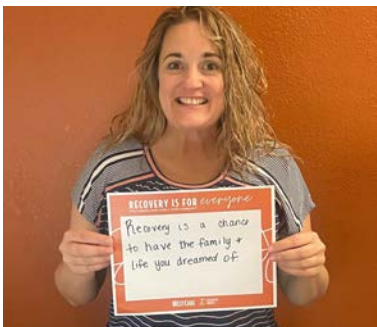
Our communities thrive best when there is generosity in sharing best practices with each other. We will continue to practice *geftao* by nurturing existing relationships and cultivating new ones. When we are rooted in compassion and selflessness toward each other, we grow together.



WestCare Pacific Islands



@westcare.pi

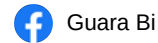




Recovery is Possible

By Elizabeth Roldan, *Administrative Assistant*

There are no words to express the pride that we feel every time one of our clients has the determination to move forward and show that recovery is possible. An example of this is Hipólito S., who came to **Guara Bi** more than six years ago looking for housing services and help for his substance use problem. His recovery process was arduous and full of both emotional and physical stumbles - especially after an accident he suffered. But, that is in the past because today, we want to highlight his achievements. Hipólito managed to settle in his own home, complete a technical course in barbering, and graduate with honors in culinary arts from the **Instituto de Banca y Comercio**. This is not all, Hipólito is already pursuing an associate degree with the goal of becoming a culinary arts professor. He spends his free time advising, motivating, and helping other clients. During **Recovery Month**, Hipólito reminds us that he is an example of overcoming obstacles and confirms once again that recovery is possible!



Raising Overdose Awareness in Tennessee

By Renee Salyers, *Regional Administrator*

The staff of **WestCare Tennessee (WCTN)** participated in several overdose awareness events. On Aug. 30, the Harriman office held an **Overdose Awareness Luncheon** at **Kingston City Park** with Catherine Brunson, Regional Overdose Prevention Specialist of Anderson County, to train the community on Narcan. Also, **WCTN Harriman** had a booth at the **Metro Drug Coalition International Overdose Awareness Day** event on Aug. 31 from 5 p.m. - 8 p.m. at Volunteer Landing in Knoxville.

Then, on Sept. 6, **WCTN Dandridge** had an informational booth in Knoxville. As part of the event, Chris Herren, former NBA player and motivational speaker, spoke about losing his career to drug and alcohol use. Herren has spoken to millions of students, athletes, and community groups across the country - seeking to inspire people to engage in a candid conversation about addressing the disease of addiction through prevention, recovery, wellness, and faith. Education and awareness are ultimately the keys to preventing abuse and overdose.



WestCare Tennessee



@WestCareTN



WestCare Texas Plays Major Role at Crosspoint, Inc. Leadership Symposium

By Jessica Cerda

WestCare Texas, Crosspoint, Inc., and University of Texas Health San Antonio School of Nursing are soon to be intertwined on a mission to provide direct services for various programs focusing on mothers and babies fighting addiction.

WestCare Foundation’s Chief Officer for Resource Development and Program Support and the Senior Vice President for Texas Operations, Beverly Watts Davis, gave an energetic and inspiring keynote address at Crosspoint’s **6th Annual Leadership Symposium** on Thursday, Sept. 1 at the Witte Museum where the theme was “Hope, Opportunity, Collaboration – Building Capacity for the Future.” Unique in her speech was her introduction of many of the partnerships and existing collaborations with WestCare Texas.

“It is because of many collaborations that WestCare was able to build the capacity to engage in this new venue with Crosspoint and the UTHSA School of Nursing,” said Watts Davis.

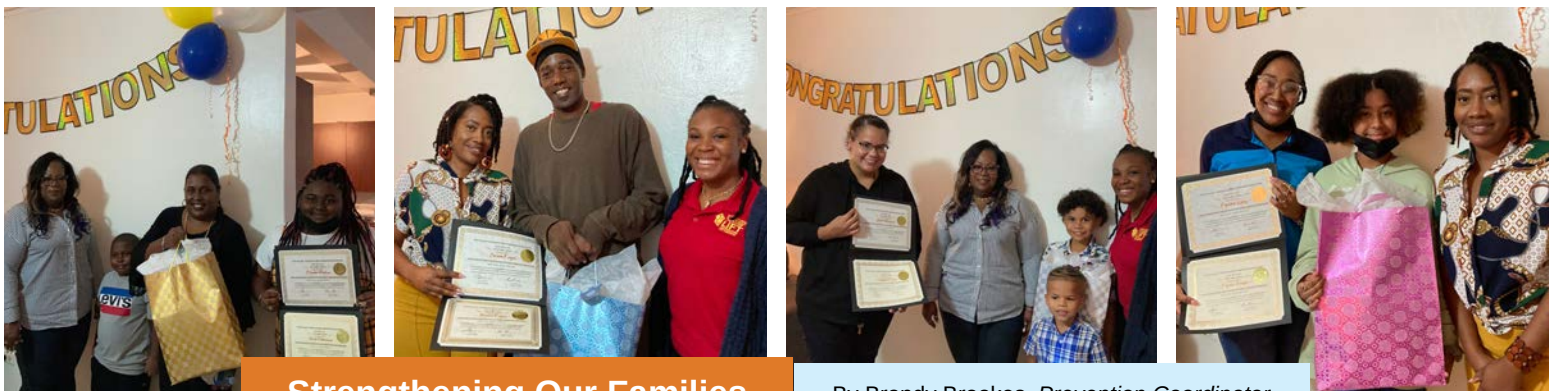
WestCare Foundation President Richard Steinberg was in attendance along with other members of the leadership team as well as the WestCare Texas team. Opening remarks came from Tiffany Harper who was one of Crosspoint’s first Casa Mia clients. Casa Mia houses women who are pregnant or parenting and diagnosed with an Opioid Use Disorder. Harper was able to be reunited with her son at Casa Mia. She continues her journey with Crosspoint as an employee of their women’s Behavioral Health Transitions facility and is now on track to complete her LCDC accreditation.



WestCare Texas



@westcaredtxas



Strengthening Our Families

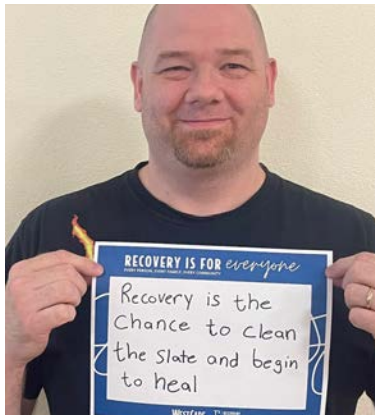
By Brandy Brookes, Prevention Coordinator

The **Strengthening Families Program** graduated nine families at the end of its seven-week cohort on July 14. Program staff attended the event in support of the successful completion of participants. Families received gift bags full of goodies and a certificate of completion at the ceremony held in their honor.

We are extremely happy because our program is specifically crafted to increase protective factors and reduce the risk factors that lead to both substance abuse and youth depression. Having these parents and youth involved in creating warm and loving relationships is very emotional and exciting for all of us.



The Village - VI Partners in Recovery Inc / WestCare



It Takes a Great Team with Respected Leadership

By Donald Lachman, *Special Projects Coordinator*

As retirement looms and I move towards the next chapter of my life, I particularly appreciate the many WestCare staff who supported and contributed to the mission of **WestCare Washington**, providing assistance to our active-duty members of the military and our cherished Veterans.

As Special Projects Coordinator for WestCare Washington, I also experienced the benefit of having an exceptional colleague, Andrea Talmadge, to help guide, improve, and directly support our many activities under the WestCare banner.

As Regional Coordinator for WestCare Washington, Andrea is an acknowledged expert on an increasing array of valuable Veterans benefits and resources. She also possesses demonstrated success in the coordination of client centered multi-care dashboard, harmonization of participation, and improvement of service outcomes for clients and providers alike.

Andrea is a trailblazer in the state of Washington on the operation and expansion of the **UniteUs** platform. Initially, they were a nationally based Veteran's centered coordinated case management platform, which is now a critical component of Medicaid transformation across the country. Because

of her technical expertise combined with outstanding communication skills, Andrea is often called upon to assist with related provider education and training activities. This has included user briefings to many human services providers as well as representatives from the Veterans Affairs (VA) and other health care interests.

It has been an honor to have a colleague of the caliber of Andrea. Her knowledge, experience, and professionalism have contributed directly to the success of our mission while expanding WestCare's presence in Washington. With this goal in mind, we successfully nurtured long-term relationships with a variety of local partners including The Home Depot, Timberland Regional Library, Lacey Veterans Service Center, YWCA, Supportive Services for Veteran Families, Heroes Café, and others.

Andrea's leadership has been essential to the successful integration of health and social services in shared care planning as well as resource rich local partnerships. As I regularly share with fellow Veterans, it often requires a great team of people with effective leadership to successfully help Veterans. Andrea is often the person responsible for leading that team effort. It has been a blessing and a joy to have a co-worker and colleague with such caliber and compassion.





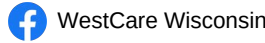
The Earn and Learn Program Inspires WI Youth to Follow Their Dreams

By Felicia Williams, Program Director

LaVelle White was one of our **2022 Employ Milwaukee Earn and Learn** youth who, when asked, expressed that he was interested in becoming a firefighter. Our Regional Vice President, Travis Landry, reached out to one of his connections and a meeting was set with the **River West Fire Department's** Battalion Fire Chief Mr. Moses Butler.

In Lavelle's words, "My experience at the River West Fire Department was amazing. I was shown around to the rooms, kitchen, gym, bathroom, and office. I learn that although firemen work 24 hours a day, they get a maximum of 48, but are mandated to have 24 consecutive hours off. Meeting all the firemen was a dream come true. It made me feel really special when I was able to sit down and have a meal prepared by them. Hopefully, I am accepted to be a fireman one day and serve the community."

As you can tell by the smile on Mr. White's face, it was more than he could have hoped for coming through our WestCare Wisconsin facility and the employment program. When working with our future it is important to listen, and if possible, connect them to the positivity that generates hope. It was truly a pleasure working with the youth and we wish them well on their scholarly journey for the 2022 - 2023 school year.



RECOVERY IS FOR everyone
EVERY PERSON, EVERY FAMILY, EVERY COMMUNITY

My recovery journey began in March of 2007. I went to jail and at that time I did not want to admit I had a serious problem. I was facing a 5 year prison sentence and was very worried about leaving my children. I met a few very encouraging women who are spiritual and this helped me find recovery. I chose to take NA, AA classes and continued until I could accept I am an addict drug abuser. I have been in Recovery for 15, going on 16 years. March 24th 2022 is my 15 year anniversary of being sober. If it wasn't for those beautiful supportive women that uplifted my human spirit I don't believe I would have made it and I believe I could have lost my children and perhaps my life. I have been blessed to have supportive friends in my life, also my spirituality that give me hope.

WESTCARE **RECOVERY MONTH**

Thanks for leading part of my Recovery Journey



Grants & Resource **Development**



Welcome to the Team, Philip!

The grants department would like to welcome **Philip Hauck** to his new position as grants development officer.

Philip has worked in the non-profit and local government sector since 2008 when he graduated from the University of Texas Rio Grande Valley with a Master of Business Administration. He started his grant writing career after taking a position with a local non-profit and has since worked for several non-profit and local government agencies.

Philip is a member of the Grant Professionals Association (GPA) and likes networking with grant writers from all over the country. In addition to his work responsibilities, he volunteers for organizations that share his passion in making a difference in the lives of those in need.

On a personal note, Philip loves spending time with his family and enjoys the outdoors. He studied abroad in New Zealand and admires the beautiful beaches of the Caribbean and South Pacific. In his free time, he appreciates the opportunity to read books and follow his favorite sports.



Windows 11 is Here!

By Sean Harrigan, *Director of IT Infrastructure*

WestCare has begun to ship new computers with **Windows 11** installed. If you receive a new computer, you will probably get one with Windows 11 installed from the factory. Shipping Windows 11 helps to keep WestCare at the leading edge of technology, ensuring that we have secure and stable systems that allow our team to work efficiently and safely.

We will not be upgrading existing Windows 10 computers to Windows 11 at this time. There are some significant challenges to overcome on some of our older fleet. Windows 10 will continue to be supported alongside Windows 11.

The first thing you will notice with Windows 11 is the new startup sound. In fact, there are new system sounds for just about everything. It also looks a bit different. Windows now have rounded edges and mimic a glass look.

While the look is a bit different, the functionality is mostly the same, so it should feel familiar enough for everyone.

New Features

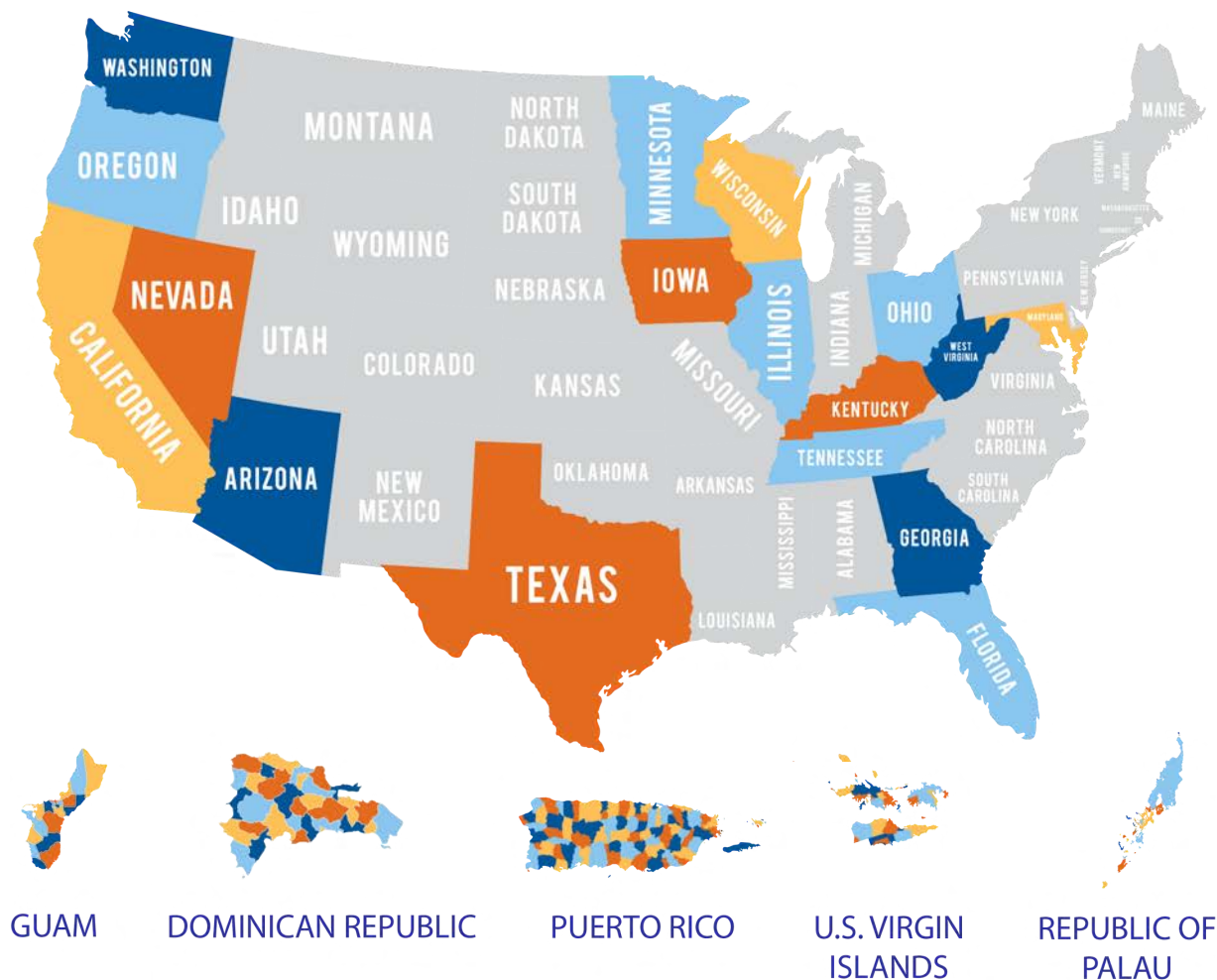
- **New snap layouts!** We now have several choices of layouts for snapping multiple windows on a monitor instead of the default full and half screen choices. Simply hover over the "maximize" button for these options.
- **A new, more intuitive photos application!** The photo application is more intuitive, and much more usable than previous versions.
- **Virtual desktops!** This feature allows you to have multiple workspaces on the same screen. This can be used by selecting the "task view," or by pressing the Windows and Tab keys together.

We hope you enjoy using the new Windows 11 computers and will take the time to explore these and other new features. If you need help, feel free to contact our support team at helpdesk.westcare.com.

Uplifting the Human Spirit since 1973

WestCare, a family of tax-exempt nonprofit organizations founded in 1973, provides a wide spectrum of behavioral health and human services in both residential and outpatient environments. Our service domains include Treatment and Rehabilitation, Mental Health, Veterans Services, Criminal Justice, Housing Opportunities, Education, Prevention, and support for those fleeing Domestic Violence. These services are available to adults, children, adolescents, and families. We specialize in helping people traditionally considered difficult to treat, such as those who are indigent, have multiple disorders, or are involved with the criminal justice system.

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