



CASA DE ESPERANZA

SUPPORTIVE HOUSING PROGRAM FOR WOMEN & CHILDREN



At Casa de Esperanza, we believe that healing and recovery are journeys best undertaken with compassion, support, and expertise. The Casa de Esperanza Support Housing Program for Women and Children is a unique collaboration between two dedicated agencies: UT Health San Antonio and WestCare Texas Inc. Together, we have created a place of restoration, and empowerment.

Casa de Esperanza is dedicated to offering supportive housing and fostering a comprehensive and nurturing environment that aids in housing and recovery stability while ensuring each woman's and their children's well-being. We recognize that individuality is inherent in each woman's journey. At Casa de Esperanza, our dedication lies in offering personalized support, ensuring that every woman and child in our care benefits from the highest standard of assistance. Our focus is on respecting and responding to the unique needs and paths of those we serve.

TARGET POPULATION

The target population for the Casa de Esperanza program includes pregnant and/or parenting women who lack safe, stable housing and are working towards establishing or maintaining gainful employment. Priority will be given to women who are experiencing homelessness or housing instability.

PROGRAM COMPONENTS

The Casa de Esperanza program provides a coordination of care services to address the medical, clinical, social, and recovery support services for pregnant and/or parenting women who have been diagnosed with or are recovering from a substance use disorder(s) (SUD). WestCare will ensure a coordinated continuum of care (COC) to provide best practice, evidence based (EB) models of care including mother-infant dyad care, trauma informed care, and recovery support services.

Casa de Esperanza services are individually tailored and guided by an Individualized Service Plan (ISP) that is developed in consultation between program personnel and the person served. Also, service planning may include input from the person served circle of support (e.g., family, friends, employer, mentor, or clergy) as applicable and with permission of the person receiving services. Services are provided in an amount, frequency, and intensity appropriate to the person's served ISP.

The Casa de Esperanza program is funded by Texas Health and Human Services.

Case Management

Services that advocate for the resources a person served needs to recover from a substance use disorder and sustain long-term recovery within the community. Referral and linkage to the following may occur based upon the persons served ITP:

- Vocational/Employment services
- Intensive Outpatient or Outpatient Treatment
- Individual Counseling
- Permanent Supportive Housing
- Primary Care
- Dental/Vision
- Primary Identification
- Clothing/Food Distribution
- Childcare resources
- Legal Aid

Psychoeducational Groups

Persons served will learn about:

- Job Development (including resume building and interviewing skills)
- Substance Abuse
- Mental Health
- Medication Maintenance
- Smoking Cessation
- Nutrition
- Life Skills
- Positive Parenting Strategies
- Budgeting

Scan the QR Code below to fill out the referral form

