



TRAUMA INFORMED MINISTRY MODEL

TRAINING PROGRAM

The **Trauma-Informed Ministry Model (TIMM) Training Program** helps individuals find resources and ways to support mental health concerns and trauma service gaps.

WestCare facilitators guide discussions to help others identify the signs and symptoms of trauma/mental health concerns and how they can support others and encourage help.

Is your organization interested
in learning more about the
TIMM Training Program?

Scan the QR Code or visit:
westcare.training/TIMM



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CORE OFFERINGS

- **Youth Mental Health First Aid**
Training to give you the skills you need to reach out and provide initial support to someone who may be facing a mental health or substance use challenge.
- **Psychological First Aid**
Training that aims to reduce stress symptoms and assist in a healthy recovery following a traumatic event, natural disaster, public health emergency, or even a personal challenge.
- **CPI Verbal Intervention™**
Training that teaches proven practices in helping others experiencing a crisis and how to manage themselves in challenging situations.