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WestCare TIMM Training Program

WestCare is providing a 5-year **Trauma-Informed Ministry Model (TIMM)** training, technical assistance, and support that enables faith-based organizations to use their platforms to build bridges between formal and informal support systems, promote understanding and responsiveness, and foster both individual and communal healing from their experiences.

Every WestCare program is part of a continuum of person-centered, trauma-informed care that is recognized for clinical excellence, coordinated access, and collaborative innovation.

WESTCARE MISSION STATEMENT

WestCare empowers everyone with whom we come into contact with to engage in a process of healing, growth, and change benefiting themselves, their families, co-workers, and communities.



TRAUMA INFORMED MINISTRY MODEL

TRAINING PROGRAM

The **Trauma-Informed Ministry Model (TIMM) Training Program** helps individuals find resources and ways to support mental health concerns and trauma service gaps.

WestCare facilitators guide discussions to help others identify the signs and symptoms of trauma/mental health concerns and how they can support others and encourage help.

Is your organization interested in learning more about the TIMM training program?

CONTACT US

TIMM@WESTCARE.COM

The **TIMM Training Program** uses existing best and evidence-based practices to provide training to faith-based organizations by using three core offerings:

**Mental Health First Aid
Psychological First Aid
CPI Verbal Intervention™**

Core Offerings

→ Youth Mental Health First Aid

Training to give you the skills you need to reach out and provide initial support to someone who may be facing a mental health or substance use challenge.

→ Psychological First Aid

Training that aims to reduce stress symptoms and assist in a healthy recovery following a traumatic event, natural disaster, public health emergency, or even a personal challenge.

→ CPI Verbal Intervention™

Training that teaches proven practices in helping others experiencing a crisis and how to manage themselves in challenging situations.

Uplifting the Human Spirit IN GA, TX, AND WI